



EXAMINATIONS COUNCIL OF ESWATINI

Junior Certificate Examination

CANDIDATE
NAME

CENTRE
NUMBER

--	--	--	--

CANDIDATE
NUMBER

--	--	--	--

ENGLISH LANGUAGE

101/01

Paper 1 Reading and Directed Writing

October/November 2019

1 hour 30 minutes

Candidates answer on the Question Paper.
No additional Materials are required.

READ THESE INSTRUCTIONS FIRST

Write your name, Centre number and candidate number in the spaces provided.

Write in **blue or black ink**.

Do **not** use staples, paper clips, highlighters, glue or correction fluid.

Answer **all** questions.

Dictionaries are **not** allowed.

The number of marks is given in brackets [] at the end of each question or part question.

For Examiner's Use	
Exercise 1	
Exercise 2	
Exercise 3	
Exercise 4	
Exercise 5	
Total	

This document consists of **11** printed pages and **1** blank page

Exercise 1

Read the following tips on taking care of your shaved head and then answer the questions on the opposite page.

CARING FOR YOUR SHAVED HEAD

Many people are choosing to cut their hair for various reasons. Cutting your hair does not mean you should neglect taking care of your scalp.

Shaving Utensils

Clean utensils are very important when it comes to maintaining a healthy scalp. Using dirty or unsterilized razors will cause fungal infections, boils and ringworms on your scalp. It is advisable that you go to a professional hair stylist as they do not only shave hair properly, but are also aware of the safety aspects too. A shaving cream must be used for dry and sensitive scalp.. Depending on how fast your hair grows, shaving can be done once in two weeks thereafter.

Wash

Wash your scalp thoroughly after shaving. A good shampoo has many benefits for your scalp as it does your hair. Your scalp also attracts dust, dirt and oil, which causes irritation and dandruff. This will in turn hinder the growth of your hair. Wash your scalp twice a week to keep it healthy.

Condition

A conditioner will keep your scalp flake-free and semi-moisturised. Condition your scalp right after washing. You can also co-wash by using a shampoo that also conditions your hair. Use a conditioner that will restore moisture to your scalp.

Massage

This step is to be done just before the conditioner is washed off. Massaging your scalp will help with the blood flow and help the products seep in faster. Do not apply too much pressure on the scalp when massaging as that may scratch or damage it. A good scalp massage should last at least 15 minutes.

Moisturise

You do not have to use heavy oils or creams as there is no hair. However, moisturising products are necessary. Dryness and flaking can occur if not used. One drop of moisturiser is enough for at least two days. Increase the amount during cold season as the cold weather can break your hair.

- (a) What should be used in order to maintain a healthy scalp?
..... [1]
- (b) What is the advantage of going to a professional hairstylist?
..... [1]
- (c) How often should shaving be done once performed?
..... [1]
- (d) What problems can be caused by dust, dirt and oil?
..... [1]
- (e) How often should one wash their scalp?
..... [1]
- (f) How beneficial is a good conditioner to the scalp?
..... [1]
- (g) Why is massaging important? (Give **two** details)
..... [2]
- (h) Why does the scalp need moisturizing after shaving?
..... [1]
- (i) Why should we apply more moisturiser in winter?
..... [1]

[Total: 10]

Exercise 2

Read the following article about music and teenagers and then answer the questions on the opposite page.

Teens and Music

Most teens spend a significant amount of time listening to music in their day to day lives. In fact most of them have a few favourite singers and they often have a similar taste in music as their friends. Social acceptance is always important for teens and peers can influence the type of music they listen to regularly.

Music often is an outlet for teens. It is one way in which they can express and explore emotions they are uncomfortable talking about. Teens can choose music by an artist they identify with or one who seems to represent their own generation. In some cases teens use music as a safe way to rebel against their parents and develop their own separate identity.

Sometimes teenagers listen to music containing lyrics that promote violence. This type of music is often the subject of parental criticism and some teens may be banned from listening to it. However, listening to violent music could at times be an outlet that allows teens to release their anger or frustration without getting into trouble. The key to whether the music is good or bad depends on how that type of music affects them. Teens who become more agitated or try to carry out violent acts after listening to a certain type of music, should avoid it.

The type of music a person listens to does not force one to do or think certain things but can cause you to reflect on your state of mind. Some forms of music such as heavy

metal, punk and gangster rap, tend to be associated more with anti-social behaviour. While this could sometimes lead to generational conflicts, it could also be a healthy part of growing up. Music genres associated with less involvement in crime include jazz, folk music, pop, classical and country.

Sometimes music could be a way to escape overwhelming problems in your life but, it might not be the best solution when you are feeling down. Choosing music instead of TV or books may make one more depressed. A study found that teens, who listen to music for longer hours more often, have higher levels of depression. If you know someone who spends 5-6 hours per day immersed in depressing music, that person might be at risk of depression. Teenagers should rather talk to parents, teachers or doctors about their concerns.

However, our teen's involvement with music should go further than just listening to it. Being in a band at school may be a great way of interacting with music instead of consuming it. Parents sometimes encourage teens to engage in positive activities, thus joining a band could be a good choice for musically inclined teens. Learning how to play a musical instrument gives them a skill that would provide them with a life time of enjoyment.

- (a) Who determines the type of music teens listen to?
..... [1]
- (b) Why would parents criticise their children on the choice of music they listen to?
..... [1]
- (c) According to the article, how are books beneficial to the reader?
..... [1]
- (d) How can teenagers effectively deal with depression?
..... [1]
- (e) How do teenagers benefit from joining a band? (Give **two** details.)
 - (i)
 - (ii) [2]
- (f) Give **four** reasons why music is good for teens.
 - (i)
 - (ii)
 - (iii)
 - (iv) [4]

[Total: 10]

Exercise 3

Williamson Blake was born in South Africa in a small town called Piet Retief. He later moved to the Kingdom of Eswatini where he grew up. His love to become a radio DJ started from childhood, when he was attending boarding school in the country. During his spare time, he enjoyed playing music with his friends. After completing school he studied journalism and mass communication at the University of Swaziland.

After completing his studies, Williamson applied to be a radio DJ at Valley FM at the time but was only offered a job at Lijuba FM. Two years later, the SDBC offered him another job as one of the first Meteor FM DJs in 1986, when it was launched.

At Meteor FM, Williamson has hosted all sorts of shows except one. He said he has never hosted the Jazz show and that is purely by choice. His job on Meteor FM include hosting both the morning and the afternoon drive time shows. After, a year in radio, Williamson became a TV host for a song request show aimed at the youth. He was also one of the first presenters of the *Top Twenty Show* when it was launched in 1992.

Williamson has contributed immensely to the media industry. He writes and produces television and radio commercials. He also owns Williamson Blake Communications Agency. This is a business he started in 1995 and is growing daily. Williamson's first job as a copywriter was at J W Thomasons, and after 17 years he is still their resident writer. Other advertising agencies he has worked for include: *Young Advertising Agency* and *Weatherson Incorporation*. He continues to freelance as a writer and voice over artist.

Williamson also developed a professional relationship with Reliable Music Stable. This began when he hosted a radio show named 'Reliable Music Drive'. With time he decided to take it to another level. He wanted to make sure that he would be the success and failure of the show. To do that, he had to be creative. Subsequently, most people were impressed with his body of work.

Williamson continues to host the '*Gospel Sounds*' show at Meteor FM between 9 and 12 noon on Sundays. The success of the show can be credited to the fact that he approaches all what he does with enthusiasm. He makes sure that he always does the best that he can do.

You are Williamson Blake and you have been nominated for the Hall of Fame Awards for your contribution to radio. Fill in the form below.

The Hall of Fame Awards Nominee Form

SECTION A (USE BLOCK LETTERS)

Full Name: [1]

Place of birth: [1]

Radio debut year: 1968 1992 1986 1995 **(please underline)** [1]

SECTION B

Name of Business:..... [1]

Advertising agency you currently work for:
..... [1]

Current weekend show on radio
..... [1]

SECTION C

(a) Write a sentence of about 12- 20 words describing how you have contributed in the media industry.
.....
.....
..... [2]

(b) Write a sentence of about 12-20 words giving advice to upcoming DJ's on how to become successful.
.....
.....
..... [2]

[Total: 10]

Exercise 4

Read the following passage about leg problems.

Leg Problems

It is no longer the case that only the elderly suffer from medical issues related to legs. Many young people also develop such problems depending on the state of their health. These conditions affect both men and women.

The lower part of the body plays a significant role in your movement. Experts explain that the main reason people suffer from leg problems is that the lower part of their bodies take a lot of strain with everyday physical activities. The legs get exposed to numerous external and internal factors that can cause pain and discomfort, because they carry most of the body weight.

The most common leg problem is Arthritis. Its symptoms include inflammation of the joints resulting in stiffness, pain and overall reduced movement. The second most prevalent is Edema. This is a condition caused by fluid that is trapped in one place, making the feet to swell. This results in pain and difficulty when walking. Lymphedema is another leg condition. It causes swelling in the legs and arms as a result of a lymphatic

system blockage. The affected area might also suffer from excessive growth and discolouration.

Treatment can be through using an appropriate method where a specific problem is managed appropriately. Pain may be treated by taking painkillers recommended by the doctor. These should only be taken minimally. Swelling in the feet requires one to be more cautious and ensure their legs are always resting on a pillow. Other treatment may involve bandaging the affected leg. It may also require regular support and consultations with a doctor.

Lastly, when you are suffering from leg problems, the shoes available to wear may be limited both in terms of style and choice. It is advisable to wear a pair of good fitting shoes that allows adequate breathing space for the toes and heel. These shoes must also have a supportive soft sole, with the heel height at the same horizontal plane as the rest of the sole. They must also have relaxed lace straps.

You are going to make a presentation on leg problems. Prepare some notes to use as a basis for your talk. Make short notes under each heading.

Causes of leg problems

-
-

Most common leg conditions

-
-
-

Available treatments

- Appropriate method to manage specific problem
-
-
-

Appropriate shoes

-
-

[Total: 10]

Exercise 5

Read the following article about cyber bullying. Write a summary on the opposite page about the problems that can be caused by cyber bullying and the different ways one can deal with it.

Your summary should be at least 100 words (and not more than 120 words). You should use your own words as far as possible. You will receive up to 6 marks for content and up to 4 marks for the style and accuracy of your language.

Cyberbullying

Cyberbullying is a type of bullying that takes place over digital devices like cellular phones, computers or tablets. It can also occur through short text messages or online, in social media platforms.

Social media platforms offer users unique capabilities to post comments, photos and content shared by individuals. These may often be viewed by strangers and as well people you know. The content an individual shares online, for example, on Facebook, Instagram or Twitter creates a public record which can be thought of as an online reputation. Problems arise when schools, employers, colleges and others who may be researching about an individual now or in the future gain access to these. Therefore cyberbullying can harm the online reputation of everyone involved - not just the person being bullied. Those doing the bullying or participating in it are also affected.

There are concerns involving online bullying because it can be persistent. Digital devices offer the ability to immediately and continuously communicate 24 hours a day.

This makes it difficult for people, especially teenagers who suffer in silence, to find help. Another concern is that it is permanent. Most information communicated electronically is permanent and public, if not reported or removed. Also, online bullying is hard to notice. This stems from the fact that teachers and parents may not over-hear or see it taking place, therefore making it harder to stop.

Cyberbullying often violates the terms and conditions established by social media sites and internet service providers. It is therefore wise to report it to the social media sites so that they can take action against abusers using the terms of service. However, when cyber bullying includes threats of violence, violation of your privacy, stalking or hate crimes, consider these criminal. They must be promptly reported to the police. In schools, cyberbullying can create a disruptive environment which is often related to 'in-person' bullying. The schools can use the terms of service information to inform prevention and response strategies.

Permission to reproduce items where third party owned material protected by copyright is included has been sought and cleared where possible. Every reasonable effort has been made by the publisher (ECESWA) to trace copyright holders, but if any items requiring clearance have unwittingly been included, the publisher will be pleased to make amends at the earliest possible opportunity.